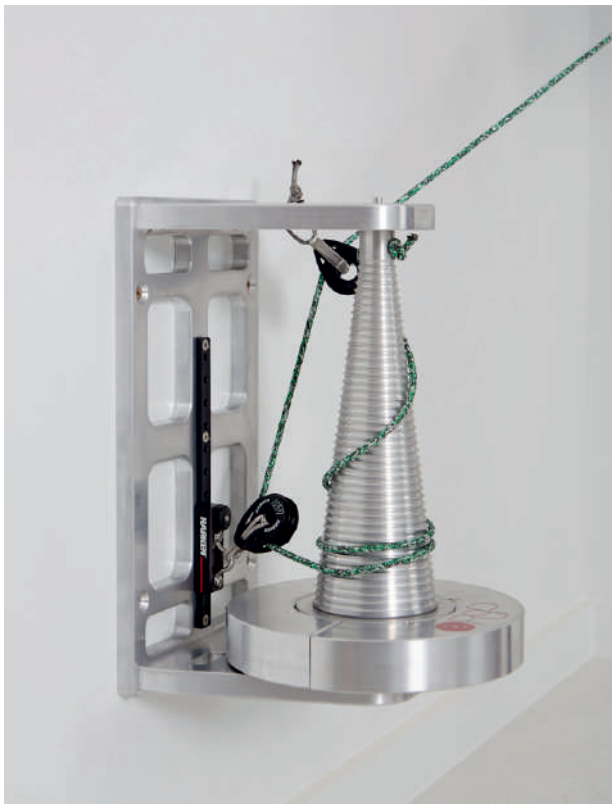
RSP CONIC RACKET



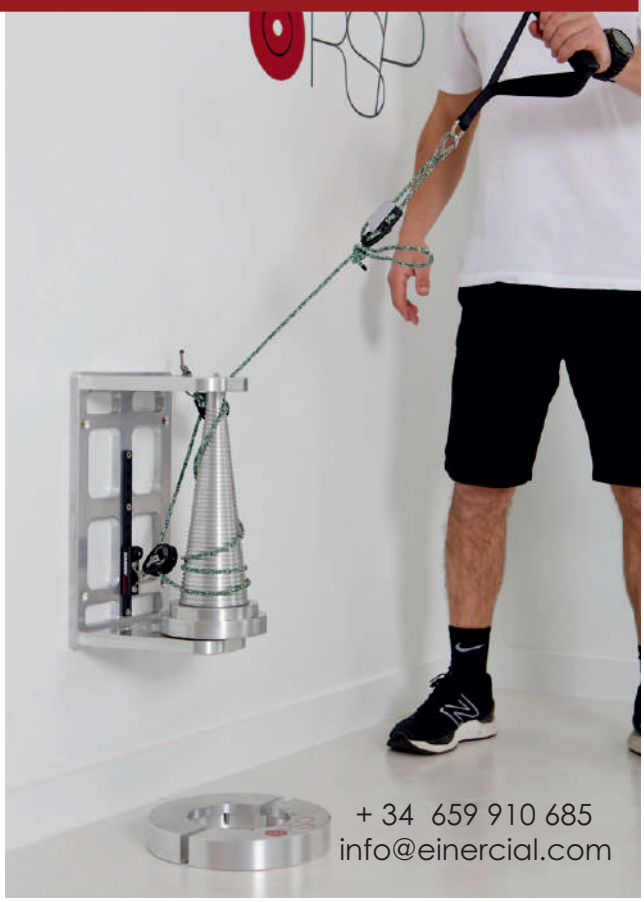
www.einercial.com

SPECIFICALLY DESIGNED FOR RACKET SPORTS.

Our Conic Racket is designed specifically for racket sports by adjusting the geometry of the shaft and the inertia value to the accelerations typical of these sports and the weight that athletes must accelerate and brake.The **RSP Conic Racket is our machine designed to be able to train the precise technical movements typical of these sports in which small muscle groups are involved.**

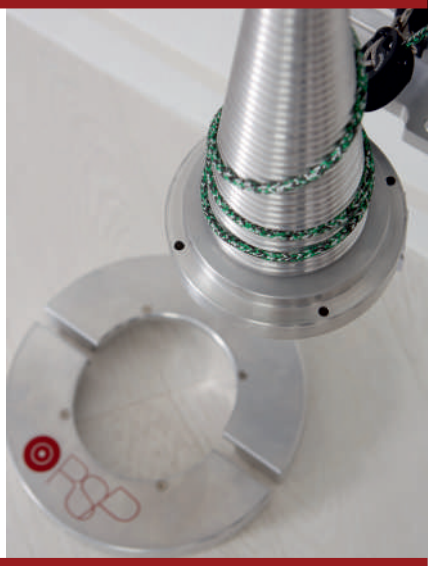
Internal and external shoulder rotations, overhead lifts, trunk rotations, combined actions of both .... specific technical gestures in which we are looking for high accelerations that end when the ball impacts .... This is what our RSP Conic Racket is designed for, its axis allows high acceleration values with low force applications, allowing you to reproduce precise sporting gestures without making the mistake of hanging on the rope, always respecting the dynamics of the technical gesture.

This precision and progressiveness makes it possible to train the specific strength demanded by racket sports by working on the whip effect of the blow, together with the ability to vary and modify speeds and trajectories of body segments in a very short time.



+ 34 659 910 685
info@einercial.com

RSP CONIC RACKET TECHNICAL INFORMATION



STANDARD EQUIPMENT

-RSP Conic Racket chassis
-Aluminium inertia disc removable in 2 parts.
-Carbo Harken pulley 40mm Ø
-Carbo Harken pulley T2 Loop 40mm Ø
-3,5 meters of high performance rope with lenght regulator.
-Hand grip.
-Wall mounting kit
-Assembly manual

TECHNICAL SPECIFICATIONS

-Designed for racket sports specific work.
- Acceleration adjustment via the shaft radius.
- Adjusting the moment of inertia using the outer ring, this machine has two inertia options: With the outer disc attached, and without the outer disc attached. outer disc attached, and without the outer disc.

Size: 39 cm long x 22 cm wide x 30 cm high, without discs 25 cm high.
Weight: 9,5 kg

ACCESSORIES

-RSP Encoder
-High load pulleys (high performance with high working densities)
-Adaptor for Chronojump codificator
-Angles for fixing the machine to a power rack.

SPARE PARTS

- Output pulley
- Chassis pulley
- Rope (3.5 metres)

Moments of inertia

No disc	With disco
63,63 kg/cm²	369,54 kg/cm²

+ 34 659 910 685
info@einercial.com