

STRAPS



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STATIC STRAP

Product designed for collective strength work in which while one athlete pulls, the other must stop it. Made of 4 mm dynema that guarantees a direct transmission of the strength of both athletes, with a 40 mm Harken pulley in the center that acts as a transmitter.

OBJECTIVE

The aim of this product is to be able to perform countless exercises by couples in which we develop the ability to apply force to accelerate and slow down in situations of high uncertainty.



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DYNAMIC STRAP

Product designed for joint stabilization work thanks to the progressive tension of the 8 mm elastic rope with a 40 mm Harken pulley in the center that prevents the elastic from compressing while maintaining its properties throughout the exercise.
You have the option of folding the load using the stop balls for it as indicated in the picture.

OBJECTIVE

It is a very versatile product that can be used both individually for mobility jobs, activation, individual strength, and for collective stabilization works.



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ISOMETRIC STRAP

Product designed for isometric works, dynema rope with a latex shock absorber in the center, allows us to work isometrically with safety and comfort. The shock absorber allows us to progressively accelerate the load at which the joint is produced without risk of injury by being able to act on it at all times.

OBJECTIVE

Develop a simple tool for isometric work, which allows us to vary the load at any angle and body position.



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